



GUILDFORD AND SOUTH WEST
SURREY VOLUNTARY GROUP
NEWSLETTER

July 2010

Website:
www.diabetessurrey.org

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Government reveals proposed NHS Shake-up

The Government has unveiled a White Paper which outlines changes to the structure of the NHS in England, aiming to give GPs a greater role in commissioning services for patients and give patients more choice in their care.

"Diabetes UK welcomes the commitment to the involvement of patients in decisions about their care and to ensuring care is personalised," said Diabetes UK Senior Policy Officer, Stella Valerkou.

"The commissioning of high-quality integrated diabetes services will require the involvement of people with diabetes, their carers and the range of healthcare professionals to ensure services meet local needs," said Stella.

"Commissioners will need to be monitored to ensure clear accountability for decisions made and their impact. We echo existing concerns about the current capacity and willingness among GPs to take

on the responsibility of commissioning."

A number of consultations will now take place, examining the details of aspects of the White Paper. *"Diabetes UK is committed to contributing fully to the consultation to get the best result for people with diabetes."*

(Taken from Diabetes UK website 17th July 2010)

Are your Friends or Family at Risk

If they have access to the internet they can take a simple test on the Diabetes UK website to find out their diabetes risk score. As we all know, it's far better to know and to get your life to work round it than leave it until some damage has been done. Go to <http://www.diabetes.org.uk/Riskscore/>

Diabetes Care in Hospital

If you have diabetes and are admitted to hospital, it is important that you discuss and agree a plan for your diabetes care in partnership with the hospital team. This can be a time when you sometimes need to be a bit more assertive than usual and fight your corner.

The next Group meeting is on Monday 4th October 2010 7.30pm for 8pm at the CEDAR Centre. (Details of the venue are on page 2 in the left hand column)

Living well with diabetes

Speaker: Jacqui Seaton, Chartered Clinical Psychologist, Health Psychology Service, Surrey and Borders Partnership NHS Foundation Trust.

Don't forget to put a note in your diary.



Meetings are normally held on the first Monday of every other month.

Our venue for meetings, except for August, is CEDAR, the Centre for Endocrinology, Diabetes and Research, at the Royal Surrey County Hospital.

Meetings start at 8pm but tea and coffee are available a bit earlier.

If you come by car, it is now **Pay and Display**. The charges are £2 for up to 2 hours and £4 for up to 4 hours. There is an opportunity to top up the payment by 30 minutes at a time by using the machines in the hospital. There are a number of free parking places for blue badge holders right at the back of CEDAR.

If you have email? Send me an email and you can have this Newsletter that way.

If you have items for the next issue please send them by the 16th September 2010 to:

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What happens when



meets



?

It's our

SUMMER SOCIAL
of course!

Starting at 7.30pm
on SATURDAY 7th AUGUST 2010
at
The Parrot Inn

Broadford, Shalford, GU4 8DW

Buffet (hot and cold) @ £10.50 per head

Drinks extra (**Real Ales, Beers, Lagers, Wines, Soft Drinks**)

Please, please, please.....

let Edouard Le Maistre know IN ADVANCE

if you wish to come

01483 416303 or ealm@btinternet.com